

## GETTING HERE:



35 MINS FROM WESTPORT - 32KM

Follow the N59 to Leenane, turn right at Aasleagh Falls & follow the Wild Atlantic Way for 8km.

80 MINS FROM GALWAY CITY - 76KM

Follow the N59 through Moycullen - Oughterard - Maam Cross - Leenane, then follow the Wild Atlantic Way (N) for 12km towards Louisburgh

## WATER ACTIVITIES

### KAYAKING

Kayak along the Wild Atlantic Way and learn the basic skills and techniques of Delphi's most popular water activity. Feel confident under the supervision of qualified instructors, while you experience flat water paddling on Killary Fjord and take in the stunning views that the unique coastline has to offer.

AGE 8+ // DURATION: UP TO 3HRS  
CHILD €35.00 / ADULT €50.00



### SEA KAYAKING TOUR

This tour is a fantastic introduction to exploring Killary Harbour, one of only 3 glacial fjords in Ireland and one of the key signature points along Ireland's Wild Atlantic Way. If you think you've experienced Ireland at its best, wait until you view it away from land - a truly magical experience.

AGE 14+ // DURATION: UP TO 3HRS  
CHILD €35.00 / ADULT €50.00



### SURFING

During the session, you will head for the shores of the sandy Cross Beach, regarded as one of the best surfing beaches in County Mayo. It is the perfect place to experience the thrill of catching the waves of the Atlantic, in our surfing lesson provided by our expert team. Option of meeting us onsite at Cross Beach.

AGE 8+ // DURATION: UP TO 3HRS  
CHILD €35.00 / ADULT €50.00



### STAND UP PADDLE BOARDING

SUP originated in the Hawaiian Islands and provides an accessible and fun way to explore Ireland's beautiful waterways. The stunning lakes and sea inlets surrounding Delphi provide an ideal environment to try out this rapidly growing sport - an excellent workout for improving balance, core strength and fitness, with exploration and fun for all the family!

AGE 16+ // DURATION: UP TO 3HRS  
CHILD €35.00 / ADULT €50.00



### COASTEERING

Swim, climb, jump and plunge into the wild Atlantic for a Coasteering experience to remember! Explore Ireland's west coast from a completely unique angle. Coasteering is a combination of adventure, swimming and rock climbing that takes place along the coast and sea cliffs. It is a unique experience where you will get to explore the different rock formations created by the sea. Option of meeting us onsite at Old Head Beach.

AGE 14+ // DURATION: UP TO 3HRS  
CHILD €35.00 / ADULT €50.00

### CANOEING

Take a canoeing session with a qualified instructor along the tranquil waters of Killary Fjord. Have fun, learn new skills, take part in canoeing games, races, and be challenged in a safe environment. This is a great activity for people of all ages to enjoy!

AGE 4+ // DURATION: UP TO 3HRS  
CHILD €35.00 / ADULT €50.00



# ADVENTURE

From the mountains to the sea, and the hundreds of rugged acres in between, Delphi Resort is where your adventures begin!



Visit [www.delphiresort.com/adventure](http://www.delphiresort.com/adventure) • Delphi Resort, Leenane, Connemara, Co. Galway, H91 DP08, Ireland • Tel: +353 (0) 95 42208

OVER 20 ACTIVITIES AVAILABLE, FOR AGE 4+





# BE PART OF THE ADVENTURE

Delphi Resort is set on a 300 acre site in the heart of the scenically breathtaking Delphi Valley, near Leenane, Connemara, Co. Galway, Ireland. With an onsite 4\* hotel, hostel, adventure centre, spa, restaurant and café, the resort is the number one stop along Ireland's Wild Atlantic Way to experience the great outdoors through adventure. Delphi provides a wide range of outdoor activities suitable for people of all ages and abilities. With both water and land based options, activities cater for families, couples, groups, corporate organisations, sports teams and individuals seeking adventure, or simply looking to try something new!

PLEASE NOTE: ALL ACTIVITY DURATIONS INCLUDE TIME TO GEAR UP AND TIME TO GET BOTH TO AND FROM THE LOCATION FOR THE ACTIVITY. PLEASE ARRIVE TO THE ADVENTURE CENTRE 10 MINUTES BEFORE THE SCHEDULED TIME OF THE ACTIVITY. ACTIVITIES RUN ON A SCHEDULE THROUGHOUT THE YEAR AND ARE SUBJECT TO AVAILABILITY AND MINIMUM NUMBERS. ALL ACTIVITIES ARE WEATHER DEPENDANT AND ARE SUBJECT TO CHANGE.

DISCOUNTS AVAILABLE FOR FAMILIES AND LARGE GROUPS!

## GO ZIP 'N' TREK

Ever wanted to go zip lining in the great outdoors? Get your pulse racing and adrenaline pumping with this exciting and thrill seeking activity. You will zip, climb, traverse and journey above the treetops on the 40ft high obstacle course.

AGE 8+ // DURATION: UP TO 1.5HRS  
MIN. HEIGHT RESTRICTION: 1.4M  
CHILD €17.50 / ADULT €25.00



## GO ZIP!

Experience the thrill of the new 220m zipwire in the Delphi forest! Head up the tower and get ready to speed down the zip-line and experience the buzz of this adrenaline pumping activity – an exhilarating adventure through the air!

AGE 8+ // DURATION: UP TO 1.5HRS (INCLUDES 3 ROUNDS)  
MIN. HEIGHT RESTRICTION: 1.4M  
CHILD: €17.50 / ADULT: €25



## ZIPLINE AERIAL ADVENTURE

Get the full aerial experience on this adventure combination! Challenge yourself on the Zip 'n'Trek course, brave the exhilarating free fall, then walk the Burma Bridge crossing for 3 rounds of the new zip-wire!

AGE 8+ // DURATION: UP TO 3 HRS  
MIN. HEIGHT RESTRICTION: 1.4M  
CHILD: €35 / ADULT: €50



## GO TUNNELING

Journey through a network of just-above-ground adventure tunnels. This caving challenge will take you through a range of obstacles, where you will wade through the ball pool, down a sliding tunnel and navigate through crevices.

AGE 4+ // DURATION: UP TO 1.5HRS  
CHILD €17.50 / ADULT €25.00



## BOG OBSTACLE CHALLENGE

Take on a fun filled, interactive journey through our bog and water fuelled obstacles. This activity will take you deep into the Delphi forest where you'll take on muddy tunnels, balance wires, water obstacles and bog filled pools.

AGE 8+ // DURATION: UP TO 3 HOURS  
CHILD €35.00/ ADULT €50.00

## LAND ACTIVITIES

## FAMILY FRIENDLY MOUNTAIN BIKING LESSON & TRAIL RIDE

No matter what experience you have cycling, we will teach people at every level and age the basic skills, on one of Ireland's fastest growing adventure activities. First tackle the BMX pump track and then take a cycle around the forest trails to show off your new skills.

AGE 8+ // DURATION: UP TO 1.5HRS  
CHILD €17.50 / ADULT €25.00



## MOUNTAIN BIKING LESSON & TRAIL RIDE

Crank up those gears and brace yourself for this action-packed, adrenaline pumping activity through Delphi's very own downhill mountain bike trails. It's fast, it's fierce, but most of all, it's great fun!

AGE 16+ // DURATION: UP TO 3HRS  
CHILD €35.00 / ADULT €50.00



## GO CLIMBING

Join in on this exhilarating experience and climb the 40ft towers, which have different climbing faces to choose from and grades to suit beginners and seasoned climbers alike. Whatever your level, you'll be in great hands with our hardy instructors close by giving you the support you need.

AGE 8+ // DURATION: UP TO 1.5HRS  
CHILD €17.50 / ADULT €25.00



## HIGH ROPES COURSE

Get the adrenaline pumping through your veins on the Delphi High Ropes Course! Climb and hold your balance before going for your leap of faith, then take on the high, all aboard challenge – a team balancing exercise in the air!

AGE 8+ // DURATION: UP TO 1.5HRS  
CHILD €17.50 / ADULT €25.00



## GO BRIDGE SWING

Are you fearless enough to take it on? High in the 46ft Delphi towers, you'll be strapped in safely by our instructors. They'll make sure you're ready, then you take a deep breath, wait for us to pull the pin, and get ready for your freefall swing to the bottom! This is the ultimate adrenaline rush and if you don't have nerves of steel before doing a bridge swing, you definitely will afterwards!

AGE 12+ // DURATION: UP TO 1.5HRS  
CHILD €17.50 / ADULT €25.00



## ARCHERY

Ready, aim, fire! Fancy yourself as the next Robin Hood or Katniss Everdeen? If you enjoy target-orientated activities, archery is the ultimate sport for you. Learn how to aim and fire within our safe target range, then put your skills to the test in our archery games.

AGE 6+ // DURATION: UP TO 1.5HRS  
CHILD €17.50 / ADULT €25.00



## BUSHCRAFT SURVIVAL

Are you ready to take on a Bear Grylls-style challenge? Journey into the depths of the Delphi forest, learn basic wilderness survival skills and explore and discover while learning about the local flora and fauna. You will be confident you can survive a night in the wild after this adventure.

AGE 6+ // DURATION: UP TO 1.5HRS  
CHILD €17.50 / ADULT €25.00



Visit [www.delphi resort.com/adventure](http://www.delphi resort.com/adventure) to view our daily activities schedule • Tel: +353 (0) 95 42208 • Email: [info@delphi resort.com](mailto:info@delphi resort.com)