



## *Lunch Menu*

### Salads & Sandwiches

<b>Connemara Smoked Salmon Salad</b>	<b>€9.95</b>
Seasonal Leaves, Treacle Soda Bread, Dressed Lemon	
<b>Classic Caesar Salad</b>	<b>€8.95</b>
Baby Gem Leaves, Toasted Garlic Croutons Parmesan Shavings, Shredded Chicken, Bacon Lardons	
<b>Delphi Ploughman's</b>	<b>€8.95</b>
Honey Roasted Ham, Mature Irish Cheddar, House Pickle & Slaw, Baby Salad, Homemade Bread	
<b>Delphi Club Sandwich</b>	<b>€9.95</b>
Triple Decker Pan Loaf, Chicken, Bacon, Tomato, Red onion Jam, Baby Salad, Home Cut Chunky Chips	

### Starters

<b>Spring Soup of the Day</b>	<b>€4.95</b>
Toasted Croutons, Wild Garlic Dressing	
<b>Hot Bean &amp; Garlic Chicken Wings</b>	<b>€7.95</b>
House Slaw Salad, Cashel Blue Cheese, Crème Friache	
<b>Goat's Cheese &amp; Red Onion Jam Tartlet</b>	<b>€6.95</b>
Rocket & House Pickle Salad, Honey & Lavender Dressing	

### Mains

<b>Slow Braised Shank of Lamb</b>	<b>€16.95</b>
Spring Green Beans, Crushed Baby Potatoes, Rainbow Carrot Purée, Braising Jus	
<b>Fillet of Sea Bass</b>	<b>€12.95</b>
Crushed Baby Potatoes, Bak Choi Leaves, Rainbow Beetroots, Veloute	
<b>Irish Pulled Pork &amp; Chinese Sticky Buns</b>	<b>€10.95</b>
Prawn Crackers, Asian Style Slaw, Chilli & Garlic Sauce	
<b>Killary Fjord Mussel Marinaire</b>	<b>€13.95</b>
White Wine & Wild Picked Garlic Velouté, Treacle soda Bread	
<b>Baked Aubergine &amp; Tarragon Lasagne</b>	<b>€12.95</b>
Pickled Salad, Tarragon Sponge, Red Pepper Jam, Hegarty's Mature Cheddar	