

DELPHI RESORT

Delphi Resort is a 4* resort located on a 300 acre site in the heart of the scenically breathtaking Delphi Valley, near Leenane, Connemara, Co. Galway, Ireland. The resort has a stunning four star hotel, outdoor adventure centre, award winning spa, budget hostel, bar and restaurant, meeting room and onsite café. It is located on Ireland's Wild Atlantic Way and alongside The Western Way and The Greenway. Delphi Resort provides over 20 water and land adventure activities for families, couples, groups, corporate organisations, school tours, sports teams and individuals. It is perfect for anyone seeking adventure, relaxation and excellent food and is set within some of the most awe-inspiring scenery in the world.



TOP THINGS TO DO IN THE AREA



1 DAY TRIP TO CLARE ISLAND
(20 MINUTES DRIVE FROM DELPHI RESORT TO ROONAGH QUAY & A FURTHER 20 MINUTES BY FERRY)

Well worth a visit for a day trip is Clare Island (Oileán Chliara), a mountainous island in Mayo's stunning Clew Bay. It boasts dramatic cliffs and spectacular views and is famous as the home of the pirate queen, Grace O'Malley (Granuaile). Approximately 125 people live there today.
www.clareislandferry.com
T +353 (0)98 23737



3 CLIMB CROAGH PATRICK
(30 MINUTES DRIVE FROM DELPHI RESORT)

Croagh Patrick (Cruach Phadraig) nicknamed The Reek, is a 764 metre (2,507 ft) mountain which is well worthwhile climbing for the stunning views and the hiking challenge! It is 8.5 kilometres (5 miles) from Westport, above the villages of Murrisk and Lecanvey and is the third highest mountain in County Mayo after Mweelrea and Nephin. Every "Reek Sunday", the last Sunday in July, over 15,000 pilgrims climb it - some even barefoot!



5 CONNEMARA NATIONAL PARK
(35 MINUTES DRIVE FROM DELPHI RESORT)

Connemara National Park is an area of scenic beauty spanning nearly 3,000 hectares. There are several things to see and do in the park including guided and self-guided walks (including Diamond Hill), Connemara ponies, exhibitions, an audio visual show, children's playground and nature trails to name but a few. It consists of picturesque expanses of bog lands, heaths, grasslands, woodlands and mountains.
www.connemaranationalpark.ie



2 CYCLE THE GREAT WESTERN GREENWAY
(40 MINUTES FROM DELPHI RESORT)

The Great Western Greenway (Bealach Mew an Iarthair) is a stunning off-road trail for cyclists and walkers in County Mayo. It is a 42km (26 mile) route divided into 3 sections - 11km from Westport to Newport, 18km from Newport to Mulranny, 11km from Mulranny to Achill. It follows along the coast of Clew Bay on the route of the former Achill extension of the Westport railway line.
www.clewbaybikehire.ie
T +353 (0)98 37675



4 KYLEMORE ABBEY
(35 MINUTES DRIVE FROM DELPHI RESORT)

Kylemore Abbey (Mainistir na Coille Moire) is a Benedictine monastery founded in 1920 on the grounds of Kylemore Castle, in Connemara, County Galway. The abbey was founded for Benedictine Nuns who fled Belgium during World War I. The estate includes large walled Victorian Gardens which have been open since the 1970s to public tours and nature walks. The Benedictine community have restored the abbey's gardens and cathedral with donations and local artisans, so as to be a self-sustaining estate.
PURCHASE DISCOUNTED TICKETS AT DELPHI'S RECEPTION DESK - €11.70 PER PERSON



6 A CRUISE ON KILLARY FJORD
(20 MINUTES DRIVE FROM DELPHI RESORT)

Take a cruise on Killary Fjord (An Caolaire Rua) and take in some truly beautiful scenery - the fjord forms a natural border between counties Galway and Mayo. It is 16 kilometres long and in the centre is over 45 metres deep. On its northern shore lies Mweelrea, Connacht's highest mountain, rising to 814 metres. To the south rise the Maumturk Mountains and the Twelve Bens. The area contains some of Ireland's most awe inspiring and dramatic scenery.
PURCHASE TICKETS FOR KILLARY CRUISES AT DELPHI'S RECEPTION DESK - €21 PER PERSON



Delphi Resort lies on Ireland's Wild Atlantic Way, the world's longest defined coastal driving route. Stretching from the Inishowen Peninsula in Donegal, to Kinsale in County Cork, the 2,500km route offers an opportunity to truly discover the best views, attractions and experiences that Ireland's Atlantic coast has to offer.

CLEW BAY

According to tradition, Clew Bay has 365 islands - one for everyday of the year! Overlooked by Croagh Patrick, it is the most spectacular bay in Ireland. With partly drowned drumlins, its largest island, Clare Island, is famous for its historical and archaeological sites. The unique bay is surrounded by some of the best blue flag beaches in Ireland, perfect for many adventure sports.

DOOLOUGH

The Doolough Tragedy is an event that took place in Mayo in 1849 during the Great Irish Famine. Many people, including women and children, lost their lives by the shores of Doolough lake making the 19km journey from Louisburgh to Delphi Lodge. A cross erected at Doolough and an annual Famine Walk between Louisburgh and Doolough commemorate this event.



FIND YOUR WAY AROUND

- 1 Entrance to Delphi Resort Hotel
- 2 Delphi Spa
- 3 Wild Atlantic Café
- 4 Wild Atlantic Hostel
- 5 Forest Trails - Starting Point
- 6 Adventure Hub, Changing Rooms & Toilets
- 7 Archery - Site A
- 8 High Ropes
- 9 Aerial Trek, Zip Line, Climbing, Tunnelling
- 10 Bog Obstacle Course
- 11 Archery - Site B
- 12 Bushcraft - Site A
- 13 Bushcraft - Site B
- 14 Mountain Biking Trail Downhill Descent - Starting Point
- 15 BMX Pump Track
- 16 Kayaking, Canoeing, Raft Building Site
- 17 Coasteering & Surfing Site

FOREST TRAILS

- WALKING & CYCLING**
- RED: FOREST BEAG LOOP**
Distance : 1.5km, Walking Grade : Easy, Cycling Grade : Moderate
Estimated Time : Walking : 30-50mins / Cycling : 15-30 mins+
- PURPLE: RIVER VIEW**
Distance : 3km, Walking Grade : Easy, Cycling Grade : Moderate
Estimated time : 30-50mins / Cycling : 30 mins+
- YELLOW: MOUNTAIN VIEW**
Distance : 5km, Walking Grade : Easy, Cycling Grade : Moderate to Difficult
Estimated Time : 1.5-2hrs / Cycling : 45 mins+
- MOUNTAIN BIKING**
- GREEN: MOUNTAIN BIKING TRAIL**
Distance : 5km, Grade : Difficult, Estimated Time : 1-1.5hrs



RESORT MAP



LAND ACTIVITIES

AERIAL TREK

Get your pulse racing and adrenaline pumping with this exciting and thrill seeking activity! Zip, climb, traverse and journey above the treetops on the 40ft high obstacle course.
AGE: 8+ / MIN. HEIGHT RESTRICTION: 1.4M
DURATION: UP TO 1.5HRS



ZIP LINE

Experience the thrill of the new 220M zipwire in the Delphi forest! Head up the tower and get ready to speed down the zip-line and experience the buzz of this adrenaline pumping activity - an exhilarating adventure through the air!
AGE: 8+ / MIN. HEIGHT RESTRICTION: 1.4M
DURATION: UP TO 1.5HRS



ARIEL TREK & ZIP LINE COMBO

Get the full aerial experience on this forest adventure combination! Take on the challenge of the Zip 'n' Trek obstacle course, brave the exhilarating free fall, then head over the Burma bridge crossing to experience 3 rounds of the new zip-wire through the Delphi forest!
AGE: 8+ / MIN. HEIGHT RESTRICTION: 1.4M
DURATION: UP TO 3HRS



BOG OBSTACLE

This activity will take you deep into the Delphi forest while you take on the balance wires, muddy tunnels, bog filled pools and water obstacles.
AGE: 8+ // DURATION: UP TO 3HRS



CLIMBING

Climb the 40ft towers, which have different climbing faces to choose from and grades to suit all levels. Whatever your level, you'll be in great hands with our hardy instructors close by giving you the support you need.
AGE: 8+ // DURATION: UP TO 1.5HRS



HIGH ROPES

Get the adrenaline pumping through your veins on the Delphi High Ropes Course! You'll climb and hold your balance before going for the leap of faith.
AGE: 8+ / MIN. HEIGHT RESTRICTION: 1.2M
DURATION: UP TO 1.5HRS



ARCHERY

Ready, aim, fire! Fancy yourself as the next Robin Hood or Katniss Everdeen? If you enjoy target-orientated activities, archery is the ultimate sport for you.
AGE: 6+ // DURATION: UP TO 1.5HRS



BUSHCRAFT

Are you ready to take on a Bear Grylls-style challenge? Journey into the depths of the Delphi Forest where you will learn basic wilderness survival skills, while learning about the local flora and fauna.
AGE: 6+ // DURATION: UP TO 1.5HRS



TUNNELING

This caving challenge will take you through a range of obstacles, where you will wade through the ball pool, down a sliding tunnel and navigate through crevices.
AGE: 4-14 // DURATION: UP TO 1.5HRS



FAMILY FRIENDLY MOUNTAIN BIKING & TRAIL RIDE

No matter what experience you have cycling, we will teach people at every level and age the basic skills on this activity. First tackle the BMX pump track and then take a cycle around the forest trails to show off your new skills. For the more experienced, crank up those gears and brace yourself for this action-packed, adrenaline pumping activity through Delphi's very own downhill mountain bike trails.
AGE: 8+ // DURATION: 1.5HRS - 3HRS



ORIENTEERING

Why not try this active and fun way to explore the Delphi Forest. After a briefing in navigational skills where you will learn to orientate your maps the fun begins!
AGE: 4+ (ALL UNDER 14 YEARS MUST BE SUPERVISED BY AN ADULT)
LOCAL WALKS - SEE WALK MAPS FOR GUIDANCE
DURATION: 1 - 2 HOURS



WALKING

Why not get your walking shoes on and explore the stunning surroundings of the Delphi valley. There are a variety of signposted walks in the 300 acre forest at Delphi Resort.
AGE: FOREST WALKS - SUITABLE FOR ALL LOCAL WALKS - SEE WALK MAPS FOR GUIDANCE
DURATION: FROM 1/2 HR



CYCLING

Delphi Resorts' location in the heart of the Delphi valley provides a wealth of scenic cycle routes to explore. We have several forest cycles suitable for all the family, along with a variety of routes taking you through the surrounding countryside for the more ambitious.
AGE: SOME ROUTES SUITABLE FOR 8+
DURATION: 1-6 HOURS



WATER ACTIVITIES

KAYAKING

Kayak along the Wild Atlantic Way and learn the basic skills and techniques of Delphi's most popular water activity. Feel confident under the supervision of qualified instructors, as you experience flat water paddling on Killary Fjord and take in the stunning views that the unique coastline has to offer.
AGE: 8+ // DURATION: UP TO 3HRS
SUITABLE FOR ALL LEVELS



SURFING

Head for the sandy shores of Cross Beach, regarded as one of the best surfing beaches in County Mayo! It is the perfect place to experience the thrill of catching the waves of the Atlantic.
AGE: 8+ // DURATION: UP TO 3HRS



COASTEERING

Swim, climb, jump and plunge into the wild Atlantic for a Coasteering experience to remember! Explore Ireland's west coast from a completely unique angle. Coasteering is a combination of swimming, rock climbing and cliff jumping that takes place along the coast and sea cliffs. It is a unique experience where you will get to explore the different rock formations created by the sea.
AGE: 14+ // DURATION: UP TO 3HRS



SEA KAYAKING JOURNEY

This tour is a fantastic introduction to exploring Killary Fjord, one of only 3 glacial fjords in Ireland and one of the key signature points along Ireland's Wild Atlantic Way. If you think you've experienced Ireland at its best, wait until you view it away from land - a truly magical experience.
AGE: 14+ // DURATION: UP TO 3HRS



CANOEOING

A great activity for couples and families! Take a canoeing session with a qualified instructor along the tranquil waters of Killary Fjord. Have fun, learn new skills, take part in canoeing games, races, and be challenged in a safe environment.
AGE: 4+ // DURATION: UP TO 3HRS



RAFT BUILDING

Water Fun for all the family! This hands-on experience keeps everyone busy - planning, designing and building your ultimate water craft - before testing your knots by taking to the water. This activity can be as relaxed or as competitive as you wish, simply explore, race or swim!
AGE: 8 YEARS+
DURATION: UP TO 3 HOURS



PLEASE NOTE:
All activity durations include time to gear up and get to and from the location for the activity. Please arrive to the adventure centre 10 minutes before the scheduled time of the activity. Activities run on a schedule throughout the year and are subject to availability and minimum numbers. All activities are weather dependent and are subject to change.

Visit www.delphiresort.com/adventure

35 MINS FROM WESTPORT - 32KM
Follow the N59 to Leenane, turn right at Aasleagh Falls & follow the Wild Atlantic Way for 8km.
80 MINS FROM GALWAY CITY - 76KM
then follow the Wild Atlantic Way (N) for 12km towards Louisburgh.

