

# [ OpTEAMise ]

STRENGTHS



**At Delphi we recognise that focusing on a teams' strengths can increase:-**

- Engagement by up to **73%** (*Rath & Conchie, 2008*)
- Employee performance by on average **36%**  
(*Corporate Leadership Council, 2005*)
- Customer retention by **44%** (*Harter et al, 2002*)

Our 1 day OpTEAMise Strengths team development programme utilises the Strengthscope Team™ profiling system to uncover your teams strengths and help you understand how best to use them. A combination of indoor and outdoor team activity sessions explores the results of your unique Strengthscope Team™ profile to develop the teams' ability to recognise their individual and team strengths. The result: a more focused, productive and positive team environment.

**Facilitator:** Sabina Cox is Sales & Marketing Manager at Delphi Resort and certified Strengthscope (EQi2.0) Trainer and Executive Coach. With over 25 years of senior leadership experience, working in both the private and public sectors in Ireland and the UK, Sabina has a passion for people development and in particular harnessing the power of teams.

**Itineraries are tailored to suit each individual teams' requirements,  
please call Sabina on 095 42113  
or email [teams@delphiresort.com](mailto:teams@delphiresort.com)**

