

# DELPHI RESORT

Delphi Resort is a 4\* resort located on a 200 acre site in the heart of the scenically breathtaking Delphi Valley, near Leenane, Connemara, Co. Galway, Ireland. The resort has a stunning four star hotel, outdoor adventure centre, award winning spa, budget hostel, bar and restaurant, meeting room and onsite café. It is located on Ireland's Wild Atlantic Way and alongside The Western Way and The Greenway. Delphi Resort provides over 20 water and land adventure activities for families, couples, groups, corporate organisations, school tours, sports teams and individuals. It is perfect for anyone seeking adventure, relaxation and excellent food and is set within some of the most awe-inspiring scenery in the world.



## TOP THINGS TO DO IN THE AREA



### 1 DAY TRIP TO CLARE ISLAND (20 MINUTES DRIVE FROM DELPHI RESORT TO ROONAGH QUAY & A FURTHER 20 MINUTES BY FERRY)

Well worth a visit for a day trip is Clare Island (Oileán Chliara), a mountainous island in Mayo's stunning Clew Bay. It boasts dramatic cliffs and spectacular views and is famous as the home of the pirate queen, Grace O'Malley (Granuaile). Approximately 125 people live there today.  
[www.clareislandferry.com](http://www.clareislandferry.com)  
T +353 (0)98 23737



### 3 CLIMB CROAGH PATRICK (30 MINUTES DRIVE FROM DELPHI RESORT)

Croagh Patrick (Cruach Phadraig) nicknamed The Reek, is a 764 metre (2,507 ft) mountain which is well worthwhile climbing for the stunning views and the hiking challenge! It is 8.5 kilometres (5 miles) from Westport, above the villages of Murrisk and Lecanvey and is the third highest mountain in County Mayo after Mweelrea and Nephin. Every "Reek Sunday", the last Sunday in July, over 15,000 pilgrims climb it - some even barefoot!



### 5 CONNEMARA NATIONAL PARK (35 MINUTES DRIVE FROM DELPHI RESORT)

Connemara National Park is an area of scenic beauty spanning nearly 3,000 hectares. There are several things to see and do in the park including guided and self-guided walks (including Diamond Hill), Connemara ponies, exhibitions, an audio visual show, children's playground and nature trails to name but a few. It consists of picturesque expanses of bog lands, heaths, grasslands, woodlands and mountains.  
[www.connemaranationalpark.ie](http://www.connemaranationalpark.ie)



### 2 CYCLE THE GREAT WESTERN GREENWAY (40 MINUTES FROM DELPHI RESORT)

The Great Western Greenway (Bealach Mew an Iarthair) is a stunning off-road trail for cyclists and walkers in County Mayo. It is a 42km (26 mile) route divided into 3 sections - 11km from Westport to Newport, 18km from Newport to Mulranny, 11km from Mulranny to Achill. It follows along the coast of Clew Bay on the route of the former Achill extension of the Westport railway line.  
[www.clewbaybikehire.ie](http://www.clewbaybikehire.ie)  
T +353 (0)98 37675



### 4 KYLEMORE ABBEY (35 MINUTES DRIVE FROM DELPHI RESORT)

Kylemore Abbey (Mainistir na Coille Moire) is a Benedictine monastery founded in 1920 on the grounds of Kylemore Castle, in Connemara, County Galway. The abbey was founded for Benedictine Nuns who fled Belgium during World War I. The estate includes large walled Victorian Gardens which have been open since the 1970s to public tours and nature walks. The Benedictine community have restored the abbey's gardens and cathedral with donations and local artisans, so as to be a self-sustaining estate. PURCHASE DISCOUNTED TICKETS AT DELPHI'S RECEPTION DESK - €11.70 PER PERSON



### 6 A CRUISE ON KILLARY FJORD (20 MINUTES DRIVE FROM DELPHI RESORT)

Take a cruise on Killary Fjord (An Caolaire Rua) and take in some truly beautiful scenery - the fjord forms a natural border between counties Galway and Mayo. It is 16 kilometres long and in the centre is over 45 metres deep. On its northern shore lies Mweelrea, Connacht's highest mountain, rising to 814 metres. To the south rise the Maumturk Mountains and the Twelve Bens. The area contains some of Ireland's most awe inspiring and dramatic scenery. PURCHASE TICKETS FOR KILLARY CRUISES AT DELPHI'S RECEPTION DESK - €21 PER PERSON



Delphi Resort lies on Ireland's Wild Atlantic Way, the world's longest defined coastal driving route. Stretching from the Inishowen Peninsula in Donegal, to Kinsale in County Cork, the 2,500km route offers an opportunity to truly discover the best views, attractions and experiences that Ireland's Atlantic coast has to offer.

## CLEW BAY

According to tradition, Clew Bay has 365 islands - one for everyday of the year! Overlooked by Croagh Patrick, it is the most spectacular bay in Ireland. With partly drowned drumlins, its largest island, Clare Island, is famous for its historical and archaeological sites. The unique bay is surrounded by some of the best blue flag beaches in Ireland, perfect for many adventure sports.

## DOOLOUGH

The Doolough Tragedy is an event that took place in Mayo in 1849 during the Great Irish Famine. Many people, including women and children, lost their lives by the shores of Doolough lake making the 19km journey from Louisburgh to Delphi Lodge. A cross erected at Doolough and an annual Famine Walk between Louisburgh and Doolough commemorate this event.





- 1 Entrance to Delphi Resort Hotel
- 2 Delphi Spa
- 3 Wild Atlantic Café
- 4 Wild Atlantic Hostel
- 5 Forest Trails - Starting Point
- 6 Adventure Hub, Changing Rooms & Toilets
- 7 Archery - Site A
- 8 High Ropes
- 9 Aerial Trek, Zip Line, Climbing, Tunnelling
- 10 Bog Obstacle Course
- 11 Archery - Site B
- 12 Bushcraft - Site A
- 13 Bushcraft - Site B
- 14 Mountain Biking Trail Downhill Descent - Starting Point
- 15 BMX Pump Track
- 16 Kayaking, Canoeing, Raft Building Site
- 17 Coaststeering & Surfing Site

### FOREST TRAILS

#### WALKING & CYCLING

##### RED: FOREST BEAG LOOP

Distance : 1.5km, Walking Grade : Easy, Cycling Grade : Moderate  
Estimated Time : Walking : 30-50mins / Cycling : 15-30 mins+

##### PURPLE: RIVER VIEW

Distance : 3km, Walking Grade : Easy, Cycling Grade : Moderate  
Estimated time : 30-50mins / Cycling : 30 mins+

##### YELLOW: MOUNTAIN VIEW

Distance : 5km, Walking Grade : Easy, Cycling Grade : Moderate to Difficult  
Estimated Time : 1.5-2hrs / Cycling : 45 mins+

#### MOUNTAIN BIKING

##### GREEN: MOUNTAIN BIKING TRAIL

Distance : 5km, Grade : Difficult, Estimated Time : 1-1.5hrs



## 1.5 - 3 HOUR LAND ACTIVITIES

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#### AERIAL TREK

Get your pulse racing and adrenaline pumping with this exciting and thrill seeking activity! Zip, climb, traverse and journey above the treetops on the 40ft high obstacle course.

AGE: 8+ / MIN. HEIGHT RESTRICTION: 1.4M



#### ZIP LINE

Experience the thrill of the new 220M zipwire in the Delphi forest! Head up the tower and get ready to speed down the zip-line and experience the buzz of this adrenaline pumping activity - an exhilarating adventure through the air!

AGE: 8+ / MIN. HEIGHT RESTRICTION: 1.4M



#### CLIMBING

Climb the 40ft towers, which have different climbing faces to choose from and grades to suit all levels. Whatever your level, you'll be in great hands with our friendly and experienced instructors close by giving you the support you need.

AGE: 8+



#### HIGH ROPES

Get the adrenaline pumping through your veins on the Delphi High Ropes Course! You'll climb and hold your balance before going for the leap of faith.

AGE: 8+ / MIN. HEIGHT RESTRICTION: 1.2M



#### ARCHERY

Ready, aim, fire! Fancy yourself as the next Robin Hood or Katniss Everdeen? If you enjoy target-orientated activities, archery is the ultimate sport for you.

AGE: 6+



### BUSHCRAFT

Are you ready to take on a Bear Grylls-style challenge? Journey into the depths of the Delphi Forest where you will learn basic wilderness survival skills, while learning about the local flora and fauna.

AGE: 6+



### FAMILY FRIENDLY MOUNTAIN BIKING & TRAIL RIDE

In this activity, our instructors will teach you all the basic skills you need to get going. Crank up those gears and brace yourself for this action-packed, adrenaline pumping activity through Delphi's very own mountain bike trails.

AGE: 8+



### ORIENTEERING

Why not try this active and fun way to explore the Delphi Forest. After a briefing in navigational skills where you will learn to orientate your maps the fun begins!

AGE: 4+ (ALL UNDER 14 YEARS MUST BE SUPERVISED BY AN ADULT)



### WALKING

Why not get your walking shoes on and explore the stunning surroundings of the Delphi valley. There are a variety of signposted walks in the 200 acre forest at Delphi Resort. We also occasionally run guided walking tours of the valley and fjord!

AGE: FOREST WALKS - SUITABLE FOR ALL  
LOCAL WALKS - SEE WALK MAPS FOR GUIDANCE  
DURATION : FROM ½ HR



### ABSEIL

Get the adrenaline pumping through your veins with an abseil off the 46ft Delphi towers!

Delphi Resort offers you the opportunity to test your abseiling skills and partake in our exciting abseiling experience. You'll be harnessed and ready to go at your own pace. Whatever your level, you'll be in great hands with our hardy instructors close by to egg you on! Come and join us for this thrilling abseiling experience!

AGE: 8+



### COMBAT ARCHERY

Play the Hunger Games! Our newest activity, Combat Archery, is tons of fun. Think Dodgeball meets Archery, or Paintball without the mess!

AGE: 10+



### CYCLING

Delphi Resorts' location in the heart of the Delphi Valley provides a wealth of scenic routes to explore. For the thrill seekers we have mountain biking routes on-site and for those who want to take it easy there is a variety of beautiful routes taking you through the surrounding countryside.

AGE: SOME ROUTES SUITABLE FOR 8+ / DURATION: 1-6 HOURS



### TUNNELING

This caving challenge will take you through a range of obstacles, down a sliding tunnel and navigating through crevices.

AGE: 4-14 / DURATION: 3HRS



### 3 HOUR LAND ACTIVITIES

### ARIEL TREK & ZIP LINE COMBO

AGE: 8+ MIN. / MIN. HEIGHT RESTRICTION: 1.4M  
DURATION: 3HRS



## 3 HOUR WATER ACTIVITIES

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#### BOG OBSTACLE

This activity will take you deep into the Delphi forest while you take on the balance wires, muddy tunnels, bog filled pools and water obstacles.

AGE: 8+ / DURATION: UP TO 3HRS



#### KAYAKING

Kayak along the Wild Atlantic Way and learn the basic skills and techniques of Delphi's most popular water activity.

AGE: 8+ / DURATION: UP TO 3HRS  
SUITABLE FOR ALL LEVELS



#### SURFING

Head for the sandy shores of Cross Beach, regarded as one of the best surfing beaches in County Mayo!

AGE: 8+ / DURATION: UP TO 3HRS



#### RAFT BUILDING

Water Fun for all the family! This hands-on experience keeps everyone busy - planning, designing and building your ultimate water craft - before testing your knots by taking to the water.

AGE: 8+ / DURATION: UP TO 3 HRS



#### SEA KAYAKING JOURNEY

This tour is a fantastic introduction to exploring Killary Fjord, one of only 3 glacial fjords in Ireland and one of the key signature points along Ireland's Wild Atlantic Way.

AGE: 14+ / DURATION: UP TO 3HRS



### CANOEING

A great activity for couples and families! Take a canoeing session with a qualified instructor along the tranquil waters of Killary Fjord.  
AGE: 4+ / DURATION: UP TO 3HRS



#### PLEASE NOTE:

All activity durations include time to gear up and get to and from the location for the activity. Please arrive to the adventure centre 10 minutes before the scheduled time of the activity. Activities run on a schedule throughout the year and are subject to availability and minimum numbers. All activities are weather dependent and are subject to change.

## GETTING HERE.



35 MINS FROM WESTPORT - 32KM

Follow the N59 to Leenane, turn right at Aasleagh Falls & follow the Wild Atlantic Way for 8km.

80 MINS FROM GALWAY CITY - 76KM

Follow the N59 through Moycullen - Oughterard - Maam Cross - Leenane, then follow the Wild Atlantic Way (N) for 12km towards Louisburgh

Visit [www.delphiresort.com/adventure](http://www.delphiresort.com/adventure)  
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