## **GETTING HERE:**





#### 35 MINS FROM WESTPORT - 32KM

Follow the N59 to Leenane, turn right at Aasleagh Falls & follow the Wild Atlantic Way for 8km.

#### 80 MINS FROM GALWAY CITY - 76KM

Follow the N59 through Moycullen – Oughterard – Maam Cross – Leenane, then follow the Wild Atlantic Way (N) for 12km towards Louisburgh

Visit www.delphiresort.com/adventure Delphi Resort, Leenane, Connemara, Co. Galway, H91 DP08, Ireland

Tel: +353 (0) 95 42208 • Email: info@delphiresort.com

# 3 HOUR WATER ACTIVITIES

## **BOG OBSTACLE**

This activity will take you deep into the Delphi forest while you take on the balance wires, muddy tunnels, bog filled pools and water obstacles.



#### **KAYAKING**

Kayak along the Wild Atlantic Way and learn the basic skills and techniques of Delphi's most popular water activity.

AGE: 8+ / DURATION: UP TO 3HRS SUITABLE FOR ALL LEVELS



Head for the sandy shores of Cross Beach, regarded as one of the best surfing beaches in County Mayo!

AGE: 8+ / DURATION: UP TO 3HRS



Water Fun for all the family! This hands-on experience keeps everyone busy - planning, designing and building your ultimate water craft - before testing your knots by taking to the water.

AGE: 8+ / DURATION: UP TO 3 HRS

### **SEA KAYAKING JOURNEY**

This tour is a fantastic introduction to exploring Killary Fjord, one of only 3 glacial fjords in Ireland and one of the key signature points along Ireland's Wild Atlantic Way.

## AGE: 14+ / DURATION: UP TO 3HRS

**CANOEING** 

A great activity for all! Take a canoeing session with a qualified instructor along the tranquil waters of Killary Fjord.

AGE: 4+ / DURATION: UP TO 3HRS













1.5 - 2 hrs



#### **ADVENTURE PRICING 2023**

#### STANDARD SESSIONS

STANDARD SESSIONS					
Timing	Activities	Adult	Child		
1.5hr Land	Aerial Trek, Zipline Climbing Wall, Boulder Wall Abseil, High-Ropes Bushcraft, Archery Family Friendly Mountain Bike Combat Archery	€29.50	€21.50		
3hr Land	Aerial Trek & Zipline Combo Climbing and Belaying Introduction	€48.50	€37.50		
3hr Water	Bog Obstacle Course Kayaking Canoeing Sea Kayaking Surfing	€59.00	€43.00		
	BIKE HIRE				

	Kids Bike	Adult	Family (2 adult, 2 kids)		
Half Day (3hr)	€15	€25	€60		
Full Day (6hr)	€25	€35	€90		
SELF GUIDED					

#### DISCOUNTS

10% off all standard activities available on our website with our Family Pass. Follow our socials for seasonal discount codes offering additional discounts of up to 20%!





www.delphiresort.com/adventure



# **BE PART** OF THE

Delphi Resort is in the heart of the scenically breathtaking Delphi Valley, near Leenane, Connemara, Co. Galway, Ireland. The resort is nestled amongst the scenic splendours of Ireland's Wild Atlantic Way and is the number one stop along the route to experience the great outdoors through adventure. Delphi Resort provides a wide range of outdoor activities suitable for people of all ages and abilities.

With both water and land based options, activities cater for families, couples, groups, corporate organisations, sports teams and individuals seeking adventure, or simply looking to try something new!

PLEASE NOTE: ALL ACTIVITY DURATIONS INCLUDE TIME TO GEAR UP AND TIME TO GET BOTH TO AND FROM THE LOCATION FOR THE ACTIVITY. PLEASE ARRIVE TO THE ADVENTURE CENTRE 10 MINUTES BEFORE THE SCHEDULED TIME OF THE ACTIVITY. ACTIVITIES RUN ON A SCHEDULE THROUGHOUT THE YEAR AND ARE SUBJECT TO AVAILABLITY AND MINIMUM NUMBERS. ALL ACTIVITIES ARE WEATHER DEPENDANT AND ARE SUBJECT TO CHANGE.

#### 1.5 HOUR LAND ACTIVITIES

#### **AERIAL TREK**

Get your pulse racing and adrenaline pumping with this exciting and thrill seeking activity! Zip, climb, traverse and journey above the treetops on the 40ft high obstacle course AGE: 8+ AND MIN. HEIGHT RESTRICTION: 1.4M



#### **ZIP LINE**

Experience the thrill of the 220 meter zipwire in the Delphi forest! Head up the tower and get ready to speed down the zip-line and experience the buzz of this adrenaline pumping activity - an exhilarating adventure through the air!



AGE: 8+ AND MIN. HEIGHT RESTRICTION: 1.4M

#### HIGH ROPES

Get the adrenaline pumping through your veins on the Delphi High Ropes Course! You'll climb and hold your balance before going for the leap of faith. AGE: 8+ AND MIN. HEIGHT RESTRICTION: 1.2M



#### **ARCHERY**

Ready, aim, fire! Fancy yourself as the next Robin Hood or Katniss Everdeen? If you enjoy target-orientated activities, archery is the ultimate sport for you.



## LAND ACTIVITIES

### **BUSHCRAFT**

Are you ready to take on a Bear Grylls-style challenge Journey into the depths of the Delphi Forest where you will learn basic wilderness survival skills, while learning about the local flora and fauna. AGE: 6+



## **FAMILY FRIENDLY MOUNTAIN BIKING** &TRAIL RIDE

In this activity, our instructors will teach you all the basic skills you need to get going. Crank up those gears and brace yourself for this action-packed, adrenaline pumping activity through Delphi's very own mountain bike trails. AGE 8+



## **DIGITAL ORIENTEERING**

Our new high tech Digital Orienteering kit from Sportident adds a fun competitive twist to our orienteering course. Navigate and beep your way through our 300 acre forest and at the end you'll get a printout with your team time. Can you get on our season





#### WALKING

Why not get your walking shoes on and explore the stun-ning surroundings of the Delphi valley. There are a variety of signposted walks in the 300 acre forest at Delphi Resort. We also occasionally run guided walking tours of the valley!

AGE: FORES I WALKS - SUITABLE FOR ALL LOCAL WALKS - SEE WALK MAPS FOR GUIDANCE DURATION : FROM 1/2 HR



#### **COMBAT ARCHERY**

Play the Hunger Games! Our newest activity, Combat Archery, is tons of fun. Think Dodgeball meets Archery, or Paintball without the mess! AGE: 10+



#### **ABSEIL**

Get the adrenaline pumping through your veins with an abseil off the 46ft Delphi towers! Delphi Resort offers you the opportunity to test your abseiling skills and partake in our exciting abseiling experience. You'll be harnessed and ready to go at your own pace. Whatever your level, you'll be in great hands with our hardy instructors close by to egg you on! Come and join us for this thrilling abseiling experience! AGE: 8+



#### **CYCLING**

Delphi Resorts' location in the heart of the Delphi Valley provides a wealth of scenic routes to explore For the thrill seekers we have mountain biking routes on-site and for those who want to take it easy there is a veriety of beautiful routes taking you through the surrounding countryside. AGE: SOME ROUTES SUITABLE FOR 8+



#### 3 HOUR LAND ACTIVITIES

## **AERIAL TREK** & ZIPLINE COMBO

AGE: 8+ MIN. / MIN. HEIGHT RESTRICTION: 1.4M DURATION: 3HRS



Climbing and Belaying Introduction Gear up and our experienced instructors will show you the "ropes" on this Climbing and Belaying skills session! Our outdoor climbing walls provide an ideal venue for a safe introduction to all things climbing. Our instructors will show you how to choose the correct equipment, tie the essential knots, set up climbs, belay, move on the wall and problem solve climbs.

